

# Check sheet

状況確認シート

## 現在

収支表の結果、現在の状況を書こう！  
収入・支出・貯蓄・仕事・家族構成・など

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## 未来

自分がどのように過ごしたいかを書こう！  
夢・やりたいこと・子どもの進学・老後の過ごし方など

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## 準備

叶えるために必要なことを書こう！  
お金・資格・時間など

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